



TenaZ is a Pioneer in the Slimming Industry since 2003!

More than 180,000 people's lost weight and changed their perceptions about their Weight and Food Forever with the help of our Support Team.



The Dysfunctional Range consists out of Nine Products to assist you to Repair Nutrient, Chemical and Hormonal imbalances that cause unexplained Weight Gain.

The Products are safe with Chronic Medication, Lifestyle Diseases and is complementary to any other Diet Regime.

We can assist you to lose weight as fast as possible without any side effects.

The Products are divided into Four Disciplines to address the Missing Links in any Weight Loss Program:

Food Control

No Thank You

Meal Shake

Metabolic Repair

Detox

Good Morning

Good Night

Fat Attacks

Top

Bottom

All Over

Stress

Booster

Fat Buster

1. FOOD CONTROL:

LESS KILOJOULES

a. NO THANK YOU



SELF-CONTROL

To eat less without the hunger pangs, you can use our TenaZ No Thank You capsules the first 4 days of your weight loss program. There after only when needed. Like High Days, Holidays and Weekends.

- Food satisfies you faster.
- The best cure for emotional and mindless eating!
- No Side Effects, like Adrenal Fatigue.

b. TenaZ MEAL SHAKE

PURE CELL FOOD

Get all you need to lose Weight Fast No more Starvation, simply Replace unhealthy Meals.



- Only fifty-one calories per 15g serving.
- No unwanted Fat, hidden Sugars, or Preservatives.
- Convenient - Save Time and Money
- Repair the Nutritional imbalances.
- Never get bored with TenaZ. The Meal Powder is a flavourless and takes on the Taste of the Medium with which you Mix it.
- Our Secret Digestive Enzymes control food intolerance and improve nutrient absorption.
- All the Vitamins and Minerals in our products are plant-based. No extra Vitamin Supplementation needed.
- The five proteins in the Meal Shake have already been digested and are safe for people with kidney and liver damage. The amino acids are systematically released as they move through your digestive system to stabilize your insulin levels. Great for Diabetics!
- Children from the age of eight can use our Meal Shake to control Overeating to assist them with Weight Management Skills.

• **METABOLIC REPAIR:**



METABOLISM

a. **DETOX**

CLEARANCE

The Detox removes the sluggish epithelial layer in your digestive system for optimal absorption.

- Improves absorption of nutrients.
- Prevent malnutrition.
- Helps to stop Cravings.

The Detox cleans your Liver from excess Estrogen and Cortisol.

If you use Alcohol, Smoke, or eat Unhealthy Fast Foods

We recommend the Detox for better Fat Metabolism.

b. **GOOD MORNING & GOOD NIGHT**



BALANCE

The Metabolic Repair Kit consist of two capsules which are TenaZ products.

1. The Good Morning speed up your Day Metabolism. If you sometimes tired in the afternoon, we recommend the Good Morning for more Energy.

2. The Good Night speed up your Night Metabolism and improve Deep Sleep this increase your Lean Muscle

Mass. Giving you maximum weight loss results.

The combination of the two capsules balances your Catabolic and your Anabolic Metabolism and give you a 24-Hour Slimming Cycle. The use of the two capsules will speed up your Resting Metabolism helping you to stay slim after you reach your Healthy Weight.

You can use the Metabolic Repair Kit every 6 months after you reach your healthy weight.

3. CHOOSE YOUR FAT ATTACK:

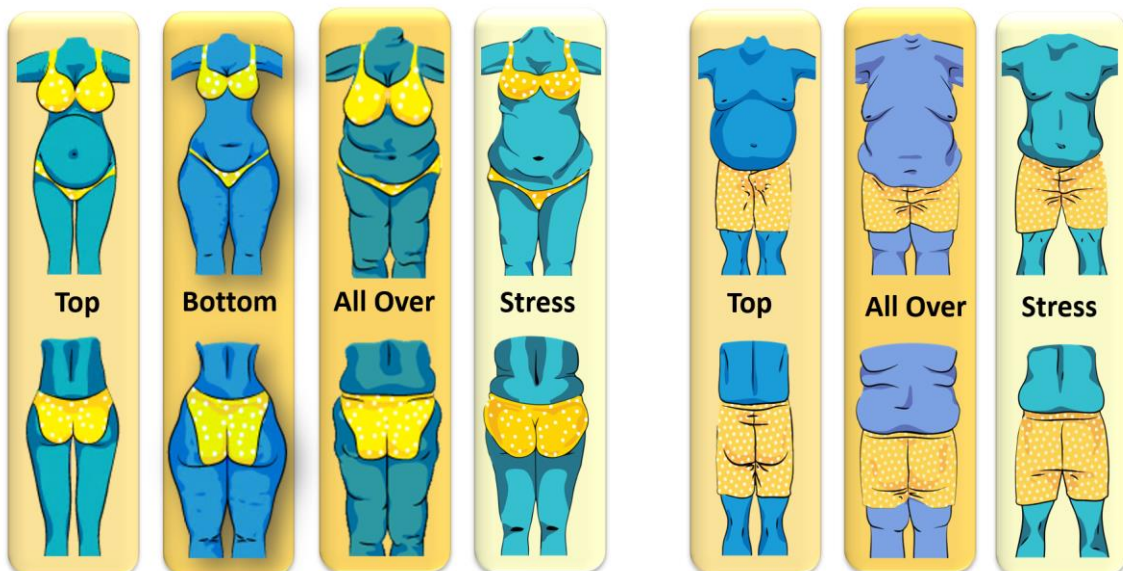
BIG FAT DEPOSITS

You need our Fat Attack if you struggle with stubborn fat deposits on specific areas of your body. Look where the most fat is on your body and choose your personal Fat Attack with your TenaZ Home Slimming Pack

- a. **TOP:** You have a rock-hard BEER BELLY or look slightly pregnant. All your FAT is on your Upper Body. The cause is a Toxic Liver and Progesterone imbalance.
- b. **BOTTOM:** Ladies – you have cellulite, a big butt, and hips. You struggle with FAT on your Lower Body. The cause is a possible Eestrogen imbalance.
- c. **ALL OVER:** You have more than 15 kg to lose, struggle with fat rolls all over your body and sometimes also loose skin. The cause could be your thyroid and liver, as well as blood sugar levels.
- d. **STRESS:** The Stress capsule can be used on its own or combined with the Top, Bottom and All Over Fat Attack.

You have love handles and a hanging belly (belly fat). Are sometimes tense, has trouble falling into a deep sleep and wake up tired. The cause is usually your adrenal glands which secrete too much adrenaline which becomes an excess of Cortisol. Your bum and thigh muscles are broken down and stored as belly fat. The lack of muscle mass can cause knee, hip, and back problems.

If you order the Stress Capsule extra with your Home Slimming Pack today, you get an extra R100 discount!





4. **BOOSTER:**

SHAPE & TONE



a. **FAT BUSTER**

- Accelerate Slimming.
- Avoid the dreaded Plateau Phase.
- Get your Figure in mint condition.
- Anti-aging, HGH Booster, shrink your loose Skin.

NODIET©Program

HEALTHY WEIGHT LOSS WITH LASTING RESULTS

Our **NODIET©Program** is unique to every TenaZ User, based on the basic principles of Behaviour Modification, Dietetics and Weight Management Supplementation.

The NODIET©Program has been created to guide you how to use your TenaZ™ Home-Slimming-Pack and shows you how to get the best results with lasting effects.

Your NODIET©Program will have 3 Electronic Documents:

1. Your **Home-Slimming-Pack**
 - Your PRODUCT Guide WITH Food Chart
 - Your FOOD Chart
2. The **NODIET©Method** teach you How to eat and drink.
 - Portion Control
 - Time Control
 - Food Control
3. The **NODIET©e-Book**. This e-book teaches you about Food Groups: What to eat and how to prepare your food.

You never have to explain again that you are "DIETING", you can now have a normal social life, enjoy real food, and still lose weight fast, forever!

HOME SLIMMING PACKS:

TIME CALCULATOR	
7kg or more	6kg and less
15kg Dysfunctional Pack	6 kg Pensioner Pack
10kg Extreme Pack	Products with Meal Shake
7kg Starter Pack	Products without Meal Shake
FORMULA	
Weight to lose /10 = months e.g. 10kg/10 = 1 month 1x 30 = 30 days + 1 month Weight Pack	Weight to lose /6 = months e.g. 10kg/6 = 1.6 months 1.6 x30 = 48 days + 1 month Weight Pack
Use Healthy Weight Pack to Shape, Tone & Stabilise weight! For 10kg lost, use 1 month Healthy Weight Pack! Healthy Weight Pack - 1 Meal Shake + 1 Fat Buster	

TenaZ have 4 Home slimming Packs: Dysfunctional, Extreme, Starter and the Pensioner Pack. Please use the Time Calculator to help you to decide how long it will take to lose your weight.

Was R4600 NOW R3850 Save R750



Was R3400 NOW R2850 Save R550



Was R1900 NOW R1650 Save R150



Was R1450 NOW R1250 Save R200

WhatsApp 24/7/365 Diet Hotline:

Congratulations you qualify for the FREE Fat Buster if you order your Home-Slimming-Pack. Please use your Discount Coupon Code. Ask your Team Member for your Discount Coupon, valid while stocks last.

It does not matter where you are, TenaZ know how you feel, we can assist you successfully to lose your weight in the privacy of your own home!



Please let us know if there is anything we can do to help you or explain, the TenaZ Team is just a WhatsApp away from you!
TenaZ really Works!

Lose Weight with Confidence!

TenaZ Greetings!

Sanet Muller

Founder of TenaZ

Please contact your Agent directly on their contact number.

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SUCCESS

Rienie lost 52kg with TenaZ, Gertjie lost 15kg, Eleanor 12kg and Hannie 73kg.



Please watch the Video of the Allen Couple who lost 91kg with our Dysfunctional Pack in just 6 months:

