



PRODUCTS INGREDIENT LIST:

FOOD CONTROL

1. Meal Shake

Serving Size: 1 Scoop (15g).

Dosage:

- **Weight Loss** – Replace 2 Meals per day.
- **Sustain Healthy Weight** – Replace 1 Meal per day.

Nutritional & Composition Information:

	Per 100g	Per Serving 15g
ENERGY	925Kj	138.75Kj
PROTEIN	46.44g	6.96g
Protein of which is Whey protein	9.945g	1.49g
Protein of which is Casein protein	20g	3g
Protein of which is Milk protein	15.5g	2.25g
Protein of which is Egg protein	0.5g	75mg
Protein of which is Amino Acids	0.5g	75mg
FAT	1.77g	125mg
Of which saturated fat	1.2g	180mg
Of which Butter Fatty acids	1.57g	235mg
Of which Trans Fatty Acids	0g	0g
Total Fibre	12.45g	1.5g
Sodium	0g	0g
Potassium	0.1g	0.5g
Calcium	1g	150mg
Magnesium	1g	150mg
Phosphorus	0g	0g
Amino Acids	2g	300mg
Taurine & L-Glutamine		
Vitamins	0.4g	60mg
Vitamin B1, B2, B3, B5, B6, B9, B12		

Free from sucrose but contains sucralose (as sweetener).

Ingredients:

Fat Free Skimmed Milk Powder, Casein, Lecithin (Soy based), Whey Isolate, Buttermilk Powder, Taurine, L-Glutamine, Maltodextrin, Flavour, Magnesium in Lactate form, Calcium in Lactate form, Lehmann Digestive Enzymes Complex, Albumin Protein, Sucralose, Potassium chloride, Thiamine (Vitamin B1), Riboflavin (Vitamin B2), Niacin (Vitamin B3), Calcium -D – Pantothonate (Vitamin B5), Pyridoxine (Vitamin B6), Cyanocobalamin (Vitamin B12)
Average 30x 15g Servings per 450g Tub.



2. **No Thank You**

Serving Size: 1 Capsule 500mg.

Dosage:

- **First 4 days** - Take 1 Capsule ½ an hour before breakfast and 1 Capsule ½ an hour before lunch with a glass of water.
- **After first 4 days** – Take 1 Capsule when Necessary.

Ingredients:

Maltodextrin DE10	100mg
Calcium carbonate light	100mg
Psyllium husks	100mg
Saw palmetto	40mg
Yerba mate	25mg
Garcinia cambogia	25mg
Fennel powder	25mg
Ginger powder	25mg
Magnesium stearate	20mg
Sodium benzoate	20mg
L-Cysteine	10mg
L-Tyrosine	10mg
L-Lysine	10mg
L-Ornithine	10mg
L-Arginine	10mg
Choline	10mg
L-Methionine	10mg



METABOLIC REPAIR

1. Detox

Serving Size: 1 Capsule 500mg.

Dosage: Take 2 Capsules ½ an hour before Bedtime with a glass of water.

Ingredients:

Ascorbic acid	200mg
Glutamine	50mg
L-Cysteine	75mg
L-Glycine	87.5mg
Barberry	12.5mg
Kudzu	12.5mg
Dandelion	12.5mg
Aloe bitters	50mg
Selenium AAC	1mcg



2. Good Morning

Serving Size: 1 Capsule 500mg.

Dosage: Take 1 Capsule ½ an hour before Breakfast with a glass of water.

Ingredients:

Psyllium husks	130mg
Saw palmetto	100mg
Yerba mate	50mg
Garcinia cambogia	50mg
Fennel powder	25mg
Ginger powder	25mg
Sodium benzoate	20mg
L-Cysteine	15mg
L-Tyrosine	15mg
L-Lysine	15mg
L-Ornithine	15mg
L-Arginine	15mg
Choline	15mg
L-Methionine	10mg



3. **Good Night**

Serving Size: 1 Capsule 300mg

Dosage: Take 1 Capsule ½ an hour before Bedtime with a glass of water.

Ingredients:

Passionflower extract	250mg
Valerian root extract	241.8mg
Vitamin B1	1mg
Vitamin B2	1mg
Vitamin B3	1mg
Biotin	0.2mg
Vitamin B5	5mg



FAT ATTACKS

1. Top

Serving Size: 1 Capsule 500mg.

Dosage: Take 1 Capsule ½ an hour before Breakfast with a glass of water.

Ingredients:

L-Cysteine	375mg
Beta Alanine	25mg
Ashwaganda	100mg



2. Bottom

Serving size: 1 Capsule 500mg.

Dosage: Take 1 Capsule ½ an hour before Bedtime with a glass of water.

Ingredients:

Red clover	350mg
Beta Alanine	50mg
Taurine	100mg



3. All Over

Serving size: 1 Capsule 500mg.

Dosage: Take 1 Capsule ½ an hour before Breakfast and 1 Capsule ½ an hour before Bedtime with a glass of water.

Ingredients:

Ginger powder	150,5mg
Fennel seed powder	59.3mg
Fenugreek seed	40mg
Juniper berry	39mg
Slipper Elm inner bark	32.9mg
Cinnamon bark powder	30.7mg
Dill seed/Clove powder	28mg
Dandelion root powder	20.5mg
Burdock root	20.5mg
Liquorice root powder	20.5mg
Astragalus	20.1mg
Cayenne	20mg
Clove powder	13mg
Black pepper	5mg



4. Stress

Serving size: 1 Capsule 500mg.

Dosage: Take 1 Capsule ½ an hour before Breakfast and 1 Capsule ½ an hour before Bedtime with a glass of water.

Ingredients:

Calcium-d-pantothenate	100mg
Vitamin C	100mg
Histidine	10mg



BOOSTERS

1. **Bikini Body**

Serving size: 1 Capsule 500mg.

Dosage: Take 1 Capsule ½ an hour before Breakfast with a glass of water.

Ingredients:

Agnus castus	350mg
Thiamine HCl	1.4mg
Riboflavin	1.7g
Pyridoxine	2.1mg
L - Carnitine	250mg
Sarsaparilla	50mh



2. **Macho Man**

Serving size: 1 Capsule 500mg.

Dosage: Take 1 Capsule ½ an hour before Breakfast with a glass of water.

Ingredients:

Saw Palmetto extract	350mg
Vitamin B1	1.2mg
Vitamin B2	1.3mg
Vitamin B6	1.7mg
L-Carnitine	250mg
Nettle extract	50mg



Thank you for your enquiry.

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